

Kinaesthetic Learner

Common Traits

- You often point your finger when reading
- You respond physically when listening to a story
- You often drop things
- You tend to thump friends
- At school you like to set up equipment
- You touch to get attention
- You like to write on a blackboard
- You move your lips when reading
- You stand close when talking to someone

Best Study Techniques

- You may need to pace back and forth to remember things
- You should take a walk to clarify ideas
- You should try to personalize information to make things easier to understand
- You should act out stories and concepts
- You should move about while studying
- You should make actual models or conduct experiments to learn concepts
- Rewrite information on paper or type it into a computer as many times as it takes to remember
- In studying things such as maps, trace the outlines to find the lakes, rivers and roads

Visual Learner

Common Traits

- You like to examine, look at, and read about things
- You tend to be quiet, organized and deliberate
- At school, you like to help with displays and bulletin boards
- You would rather read than be read to
- You doodle and draw
- You have trouble remembering verbal messages

Best Study Techniques

- You need a place where there are no movements or distractions
- Use writing tools to colour code and highlight study material
- Re-write study notes
- You should memorize facts in some logical sequence that can be visualized (e.g. the provinces would be thought of on a map from west to east)
- You should have calendars posted so you know when deadlines are looming
- Show and tell. Draw a picture or show an object relating to a concept. Describe it aloud or write about it
- Draw visual comparisons. Find differences and similarities in pictures, ideas and sentences
- If you have writing problems, use short sentences, main ideas, pictures, charts, recordings or a buddy system
- Make study cards and post them around your study area

Auditory Learner

Common Traits

- You prefer oral reading
- You often say the material to yourself as you read
- You like to discuss what needs to be done before doing it
- You prefer oral interpretation of maps and diagrams
- You count out loud
- You learn better with oral instruction

Best Study Techniques

- You need to find a quiet place to study
- You need to talk over what you are learning – talk to a friend on the phone, tell your parents what you are studying
- You could study with someone else and do “questions and answers” technique
- Use a recording device to play back what you have said
- Talk to yourself, read the material out loud
- Think up rhymes, chants, poems, riddles, jokes and skits to help remember content
- Have someone tell you a part of a fact or event. You finish it off.
- Make study cards – look, say and listen
- Draw it and explain it